Microbial Quality and Safety of Well Water in Rural Nicaragua as Determined by Low Cost Bacterial Test

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Introduction

In total, 783 million people still lack access to improved drinking water sources. About 2.5 billion people lack access to improved sanitation and some 1.1 billion people practice open defecation. The majority of these people live in rural areas of developing countries. Even with improved access, which is often wells, no water quality testing has been done. Thus, water safety of this rural water supply in developing countries still remains questionable (UNICEF and World Health Organization, 2012).

Indicator bacteria such as E. coli, are used to determine the sanitary quality of water and to indicate the possible presence of other disease causing microorganisms in water (Pepper et al., 1996) . The main objective of this study was to determine the microbial water quality of drinking water from wells in rural Nicaragua using the Compartment Bag Test (CBT). CBT is a low cost E. coli detection method, which is developed for low resource settings in order to quantify the sanitary quality of water used for drinking.

Study Location

Samples were collected from a small, rural village called Pueblo Nuevo. The village lies on the east coast of Nicaragua, near the Rio Wawashang Reserve.

Methods

Cases of Illness in Pueblo Nuevo (2012)

| Respiratory Infections: 8,750 | Pneumonia: 47 |
| Water-related Diarrhea: 5,675 | Parasites: 2,850 |

Fig. 2. Types of wells sampled (simple and rope-pump). The wells served a range of 4 to 20 people and 1 to 4 families.

Fig. 3. Transportation and incubation of CBT

Fig. 4. Flowchart of steps used to prepare CBT

Membrane filtration (1.4 – 1.8 liters of well water) and qPCR

E. coli, enterococci

Microbial source tracking markers:

Bacteroides thetaiotaomicron (human), M2 (bovine)

Table 1. qPCR detection of molecular markers (No. sample tested: 31)

<table>
<thead>
<tr>
<th>qPCR assay</th>
<th>No. sample positive</th>
<th>Average concentration (copies/100ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td>E. coli</td>
<td>5</td>
<td>5.5 x 10^4</td>
</tr>
<tr>
<td>Enterococci</td>
<td>6</td>
<td>1.1 x 10^5</td>
</tr>
<tr>
<td>M2 marker (bovine)</td>
<td>4</td>
<td>4.3 x 10^5</td>
</tr>
<tr>
<td>R. theta marker (human)</td>
<td>0</td>
<td>-</td>
</tr>
</tbody>
</table>

Fig. 5. Membrane filtration on-site

Fig. 6. The average MPN of samples relative to depth of wells

Fig. 7. The average MPN of samples relative to elevation of wells

Fig. 8. Levels of contamination based on Comprehensive Water Quality Rating

Conclusions

- Generally the well water was deemed unsafe in this small rural area in Nicaragua.
- The CBT made it possible to test in the field for E.coli contamination in a rural location where supplies and lab equipment was limited.
- qPCR analysis indicated bovine fecal pollution in the well water samples.

References
